

Active flag update



2026 ASF Survey Results and Action Plan

At the beginning of this school year, our **Active School Flag Committee** conducted a whole-school survey to find out how *you* want to stay active. We received fantastic feedback, and the results are in!

Based on your survey results this is the **ASF Action Plan for 2026**.



The Whole School Colour Run

The numbers speak for themselves! With a staggering **494 students** voting for this event, the Colour Run remains the most anticipated highlight of our school calendar. We are officially beginning the countdown to our most vibrant, high-energy event of the year.



Active Teaching & Learning Walkway

While many students use the walkway for fun and leisure, we discovered that most haven't had the chance to use it for **Active Learning**.

- **The Goal:** We are working with our teaching staff to integrate the walkway into daily lessons. We want to move the classroom outdoors and have a more fun approach to learning on the move.



Wellbeing Week: The Return of the Bouncy Castles

After the massive success of last year's festivities, the data shows students are eager for a repeat performance. We are thrilled to announce that bouncy castles will be back for **Wellbeing Week**. It's the perfect way to celebrate our mental and physical health through pure, active play.



Senior Gym Classes (4th–6th Year)

Our survey highlighted a vital health statistic: only **32%** of our senior students currently meet the recommended weekly amount of strength training. To support the fitness and long-term health of our exam years, we are introducing dedicated **Gym Classes**. These sessions will focus on building strength, confidence, and healthy habits in a supportive environment.