

MONDAY AND TUESDAY

SOUP AND ROLL
€2.00

Homemade Soup of The Day ⁹

HOT OPTION 1
€3.70

Spice Box with chicken strips, oven baked potato wedges, peppers, onion and our own spices

HOT OPTION 2
€3.70

Chicken Curry Madras with Rice ^{9 10}

HOT OPTION 3
€3.70

Pasta Bolognese

VEGETARIAN OPTION
€3.70

Vegan/Vegetarian Lasagne

All of our Meat is of Irish Origin

WEDNESDAY TO FRIDAY

Homemade Soup of The Day

Lasagne with Garlic Bread ^{1 7 9}

Chicken Curry Madras with Rice ^{9 10}

Savoury Chicken Fried Rice

Savoury fried rice with diced chicken and selection of vegetables

Roasted Vegetables Biryani

WEEK 4 Cycle 1

Daily Bread Menu

Please choose your bread Baguette small €1.70 Large Baguette/Panini €3.50, Wraps €2.50 Sandwiches €2.00

Please choose your filling

1. Oven baked breaded chicken strips
2. Oven baked breaded chicken strips with lettuce
3. Oven baked breaded chicken strips with Lettuce and cheese
4. Oven baked breaded chicken strips with Cheese
5. Ham and cheese
6. Ham
7. Roast chicken breast
8. Salad\Chicken or Ham Salad



Allergens

- 1.Gluten 2.Crustaceans 3.Eggs
4.Fish 5.Peanuts 6.Soya 7.Milk
8.Nuts 9.Celery 10.Mustard
11.Sesame Seeds 12.Sulphur Dioxide 13.Lupin 14.Molluscs