

MONDAY AND TUESDAY

SOUP AND ROLL
€2.00

HOT OPTION 1
€3.70

Homemade Soup of The Day ⁹

Pasta Carbonara ^{1 3 7}
with Chicken and Bacon in a Cream
Sauce

HOT OPTION 2
€3.70

Mexican Burrito with Potato Cubes

HOT OPTION 3
€3.70

Chicken Curry Madras with Rice ^{9 10}

VEGETARIAN OPTION
€3.70

Chick pea and sweet potato curry

WEDNESDAY TO FRIDAY

Homemade Soup of The Day ⁹

Peri Peri Chicken ^{1 7}
Burger With Coleslaw and Potato Cubes

Chicken Chipotle Sub ^{1 2 9 12}

Breaded Chicken Strips in a toasted soft sub
with Cheese and Chipotle Sauce

Chicken Curry Madras with Rice ^{9 10}

Seasonal vegetable pasta with pesto

WEEK 3 Cycle 1

Daily Bread Menu

Please choose your bread Baguette Large Baguette/Panini €3.50, Wraps €2.50

Please choose your filling

1. Oven baked breaded chicken strips
2. Oven baked breaded chicken strips with lettuce
3. Oven baked breaded chicken strips with Lettuce and cheese
4. Oven baked breaded chicken strips with Cheese
5. Ham and cheese
6. Ham
7. Roast chicken breast
8. Salad\Chicken or Ham Salad



Allergens

1. Gluten 2. Crustaceans
3. Eggs 4. Fish 5. Peanuts
6. Soya 7. Milk 8. Nuts 9. Celery
10. Mustard 11. Sesame Seeds
12. Sulphur Dioxide 13. Lupin
14. Molluscs

All of our Meat is of Irish Origin

Vegetarian Lunch Must Be Pre Ordered