

To any of our TY students who have missed out on their adventure journey do not fear, you can still receive your Gaisce award by completing the following Adventure journey project.

As part of the bronze award your adventure journey is meant to consist of 25km hike or 100km cycle over 2 days and 1 night.

As a result of the covid-19 pandemic this obviously can not happen due to health and safety reasons. As an alternative however Gaisce are offering you the chance to substitute this adventure journey with a short project instead.

The Project:

- Firstly you must research the adventure journey requirements. Information can be found about this on the Gaisce page. <https://www.gaisce.ie/pal-information-2019/>
- Secondly you must plan a hypothetical adventure journey to take place in August 2020.
- This hypothetical journey must be for 12 people. 2 teachers and 10 students.
- You will then need to include all the details of your hypothetical journey in a 1-2 page presentation for your PAL.
- What your presentation should include the following headings:
 - ✓ Traveling to and from the journey,
 - ✓ Accommodation details,
 - ✓ Hike/cycle route details,
 - ✓ Equipment needed,
 - ✓ And total costs involved per person. (You do not have to contact any of the accommodations or travel services, simply find a rough price from their websites).

Along with this project we are asking you to submit evidence of a 10km walk/run using the 'Map My Run' app available free on the app store. This walk/run can be completed over 2 consecutive days and does not have to be all completed in one go.

Finally you will need to submit a photograph of your signature pages from your journal.

All this information should be in one complete document (containing your project, evidence of 10km walk/run and signature pages), and should be sent to your Gaisce PAL (e-Portfolio teacher) before the 25/05/2020 via teams.

Once this is completed your PAL will be able to approve you to receive your bronze Gaisce award.