



Monday, 19th January 2026

**Re:** 1<sup>st</sup> Year Trip to Ballyhass, Mallow, Co. Cork – Optional  
Cost €180 – non-refundable after the 12<sup>th</sup> February 2026

Dear Parents/Guardians,

We have organised an overnight 1st Year Outdoor Education trip to Ballyhass Adventure Centre. All information on this trip is provided below.

**Please note: This year places are limited so please make payment before the deadline if your son/daughter wishes to participate in the trip.**

It is in the school interest that all students enjoy this outdoor education trip and that they gain that sense of fulfilment from their experience. In order to make it a successful trip, student co-operation is vital, both with staff at the centre and the school staff who give up their time to make the trip possible.

The following is a list of rules that all students will be expected to adhere to:

- 1) Pupils must participate fully in ALL activities
- 2) The activity centre have a policy of collecting mobile phones from ALL students at night and returned first thing in the morning. NO EXCEPTIONS. If contact needs to be made, it can be done by ringing the centre directly on +353 (0) 22 27773.
- 3) Mobile phones, along with all other personal items, are the responsibility of pupils' themselves. Ballyhass Centre, Salesian Secondary College or any staff member is not liable for loss of any personal belongings. The school mobile phone policy extends to school trips.
- 4) Absolutely no alcohol or smoking is permitted. Cigarette lighters and matches are strictly forbidden.
- 5) Any student with allergies, dietary requirements and medication must tick the required box on the Consent Form, together with any additional information needed, and any medicines must be handed into staff at the centre. This information must be provided via the form on the School App.
- 6) Students will be expected to behave in an orderly and courteous fashion, both on the bus to and from the centre, in the centre itself and on all activities.

Failure to comply with the above rules will result in parents being contacted and asked to collect their son / daughter from the centre.

Parents are asked to read the above conditions with their son/daughter. Students and parents should then complete the Consent Form via the App.



Cost of Trip: €180.00, which is non-refundable on or after the 12<sup>th</sup> February 2026.  
Payment includes return bus to the Centre, food, accommodation and use of equipment and facilities.

Method of Payment: Payment must be made through the School App with completed Consent Form on or before the 12<sup>th</sup> February 2026.

Venue: Ballyhass Adventure Centre, Ballyhass, Co. Cork, P51N990  
Telephone 022 27773 / 087 4125930

Dates of Trip: 30th April to 1st May 2026

Activities: Suitable activities are picked dependent on weather but guaranteed a mixture of land, height and water-based activities (options may include archery, challenge zone, wilderness zone, team challenges, rock climbing, abseiling, aquapark, kayaking, SUPS).

What to bring: Each student is required to bring the following items:

- 2 complete changes of casual clothing
- 2 towels
- Plastic bag for wet gear
- Tracksuit (Not denim) & Sweaters
- Heavy socks (x2 minimum)
- Waterproof Jacket and Trousers
- Hat and Gloves
- Walking Boots / Good Walking Runners
- Wellingtons
- Towel and Toiletries
- Swimsuits, shorts and old sweatshirt for water activities
- Old pair of runners / shoes for water activities
- Sleeping bag and Pillow

If you have any queries in relation to this trip, please contact the school office.

Yours sincerely,

Ide McCarthy  
P.E. Teacher

Serena Berry  
P.E. Teacher

Keith O'Rahilly  
Principal