

Cá mbeidh an madra teiripe?

Beidh an madra le hAbaí, an CRS, agus é anseo agus mar sin beidh sé ag caitheamh an chuid is mó dá am sa seomra suaimhnis. Chomh maith le seo, beidh sé ag siúl timpeall talamh na scoile ag amanna airithe m.sh am sosa, am lóin, tionóil , srl.

Dár ndóigh beidh sosanna agus suaimhneas ag teastáil ón madra agus mar sin beidh a áit féin aige, atá ciúin le sosanna a ghlacadh, gan daoine a bheith ann/timpeall.

Má tá suim ag aon mhúinteoir cuairt a eagrú dá rang i rith am tionóil, labhair le hAbaí le bhur thoill 😊

Cé h-iad na daoine ar féidir leo bualadh leis an madra teiripe?

Is féidir le duine ar bith atá mar bhall den phobail scoile bualadh leis, daltaí, múinteoirí, cúntóirí, glantóirí, feighlí, rúnaí, srl.

Dár ndóigh mura bhfuil suim agat bualadh leis an madraí ar chúis ar bith ní chaithfidh tú.

(má tá buairt ar bith oraibh faoin madra ar scoil labhair le hAbaí le bhur dtoill 😊)

Cathain a mbeidh an madra teiripe anseo?

Beidh an madra anseo gach Luan, Céadaoin agus Aoine. (don lá iomlán scoile)

Cad a dhéanann madra teiripe?

Seo thíos liosta gearr faoina sochair shláinte a bhaineann le Madraí Teiripe:

- 1.Cuidíonn madraí linn stop a chur le bheith ag mothú uaigneach.
2. Tá madraí go maith do do chroí.
3. Cuidíonn madraí leat stop a chur le strus.
4. Cuidíonn madraí linn dul i ngleic le géarchéim.

5. Spreagann madraí sinn chun bogadh.
6. Spreagann madraí sinn chun a bheith níos sóisialta.
7. Tá madraí chomh álainn sin go spreagann sé seo grá a thabhairt dóibh.
8. Déanann madraí muid a spreagadh chun a bheith níos sona.
9. Cabhraíonn madraí le seanóirí le feidhm chognaíoch agus le hidirghníomhú sóisialta.

Foinse: American Kennel Club

Cad is féidir liomsa a dhéanamh?

Seo thíos liosta de rudaí a d'fhéadfadh daltaí agus foireann uile na scoile a dhéanamh chun cabhrú leis an madra teiripe agus é ag teacht.

1. Glac le na rialacha agus treoacha atá curtha i feidhm agus an madra ar cuairt agus le bhur dtoill ná cur lámh ar an madra gan cead ó Abaí.
2. Bígí suaimhneach agus foighneach, má tá tusa deas suaimhneach beidh an madra níos sásta a bheith cairdiúil leat. 😊
3. Bígí tuisceanach, (go háirithe ag an tús) bíonn drochlaethanta ag gach duine ní haon eisceacht iad madraí!
4. Le do thoill, ná caith bia ar an urlár.
Ní féidir le madraí méid mór bia daoine a ithe agus seans go bhfaigheadh sé an-tinn dá n-íosfadh sé rud nár chóir dó a ithe. 😞

FAQ:

Where will the therapy dog be?

The therapy dog will be working with our SNA Abbie and therefore will be spending most of his time in the school sensory areas. As well as this, the dog will be walked around the school grounds at various times throughout the day, for example, break time, lunch time, assembly time, etc.

There is also a designated rest area for the dog in the school away from people which is quiet in which he can take rest breaks as needed.

If any teacher would like to arrange a visit with their class during assembly time, please speak to Abbie 😊

Who can access the therapy dog?

Any member of the school community can access the therapy dog, students, teachers, assistants, cleaning staff, caretakers, secretaries, etc.

Of course, if you have no interest in meeting or being with the dog, you do not have to.

(If you have any worries about the dog being in the school please speak to Abbie 😊)

When will the therapy dog be working?

The dog will be working every Monday, Wednesday and Friday.(for the full school day)

What do therapy dogs do?

Below is a short list of health benefits associated with therapy dogs:

1. Dogs make us feel less alone.
2. Dogs are good for your heart.
3. Dogs help you stop stressing out.

4. Dogs help us cope with crisis
5. Dogs encourage you to move.
6. Dogs make us more social.
7. Dogs are so adorable they make us love them.
8. Dogs make us happier
9. Dogs help seniors with cognitive function and social interaction

Source: American Kennel Club

What can I do to help?

Below is a short list of things that students and the entire school community can do to help with the therapy dog coming:

1. Follow the rules and directions put in place while the dog is visiting and please do not touch the dog without permission from Abbie first.
2. Be calm and patient, if you are nice and calm the dog will be happier to be your friend. 😊
3. Be understanding, (especially at the beginning) everyone has bad days and dogs are no exception!
4. Please **do not** throw food on the ground, dogs cannot eat a lot of human safe foods and there is a good chance the dog could get extremely sick if he eats something he should not. 😞